Publications in Peer-Reviewed Scientific Journals and Scientific Presentations 2008 – Present


List of Scientific Presentations at the various international scientific meetings during 2008 – present


* A Combination of Liquid Dietary Supplement Containing Indigestible Soluble Dietary Fiber, L-Phenylalanine, N-Acetyl-L-Tyrosine, Tea Extract with Polyphenols plus Caffeine and Lycium barbarum (TAI®) with Glucomannan Fiber-containing Meal Replacement Shake (TAI® SHAKE) and Chew (TAI® SKINNY) under Exercise and Diet Control.


12. Amagase H and Nance DM. “Resting Metabolic Rate (RMR) is Increased Synergistically by Single Bolus Intake of Lycium barbarum Fruit (Goji) Juice When Combined with Indigestible Dietary Fiber and/or Caffeine, but not by Fiber or

13. Amagase H and Handel R. “Clinical Effects of Combining A Liquid Dietary Supplement Containing A Combination of Indigestible Soluble Fiber, Phenylalanine, N-Acetyl-L-Tyrosine, Tea Extract with Polyphenols and Caffeine and Lycium barbarum (TAIslam®), Glucomannan-fiber Containing Chew (TAIslam® SKINNY) and Meal Replacement Shake (TALsim® SHAKE) on Appetite and Gastrointestinal Parameters: A Randomized, Placebo-controlled, Blinded Human Clinical Study” Abstract #213403, OBESITY 2010, 28th Annual Scientific Meeting of The Obesity Society, San Diego, October 8-12, 2010.

14. Amagase H and Handel R. “Caloric Expenditure is Stimulated by a Single Bout of Lycium barbarum Combined With Indigestible Fiber, or Combination of These in Various Food Forms Indicated by Resting Metabolic Rate in Healthy Human Adults” Abstract #213380, OBESITY 2010, 28th Annual Scientific Meeting of The Obesity Society, San Diego, October 8-12, 2010.


18. Amagase H and Handel R. “Comparison of Various Preparations of Gynostemma pentaphyllum (Jiaogulan) and its Main Active Constituents, Gypenoside Saponins, on Resting Metabolic Rate: Controlled Human Clinical Study” FASEB J. 2010; 24:lb264.


25. Amagase H and Nance DM. “Effect of Standardized Lycium barbarum (Goji) Juice, GoChi® Intake on Resting Metabolic Rate and Waist Circumference: Randomized, Placebo-controlled, Double-blind Clinical Studies” FASEB J. 2009; 23:104.6


29. Amagase H and Handel R. “Randomized, blind, placebo-controlled human clinical studies showed waist circumference reduction by an intake of standardized Lycium barbarum fruit juice” at the 26th Annual Scientific Meeting of Obesity Society in Phoenix, AZ, October 3-7, 2008.

30. Amagase H and Nance DM. “Improvement of Sleep Quality by a Standardized Lycium barbarum Fruit Juice Shown in a Randomized, Double-blind, Placebo-controlled Human Clinical Study” at 7th Joint Meeting of GA, AFERP, ASP, PSI & SIF in Athens, Greece, August 3-8, 2008.


32. Amagase H, Sun B, and Nance DM. “Clinical Studies of Improving General Well-Being by a Standardized Lycium barbarum Fruit Juice” at 7th Joint Meeting of GA, AFERP, ASP, PSI & SIF in Athens, Greece, August 3-8, 2008.


